



The Halton Resource Connection

TRANSITIONS

INFORMATION AND INSPIRATION

“When the schedule allows for long periods of uninterrupted play, with few transitions, children are calmer and more engaged.” (Pg. 20)

How does Learning Happen

HOW CAN WE SUPPORT SUCCESSFUL TRANSITIONS?



✓ Consider ways to decrease the amount of transitions that are needed in your program.

✓ Transitioning in small groups allows for more individualized attention and more space for physical distancing.



✓ Providing children warnings (visual and verbal) of upcoming transition will help them process and prepare for upcoming transition.

✓ Use transition songs to keep children engaged and motivated, e.g. mission impossible clean up song or a timer to “race” to complete a transition.



✓ Use fidget tools, books, and/or small toys for children who are finished early to keep them engaged while they are waiting for others.

✓ Using Visuals help children understand and process the world around them. There are various visual supports to support different times in the day, e.g. first...then boards, dressing schedules, visual schedules, and visual tags.




✓ Remember that consistency is the key! Whatever strategies you use to support smooth transitions should be used consistently every day.



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FOR MORE INFORMATION
AND SUPPORT, SPEAK
WITH YOUR RESOURCE
CONSULTANT

If a child is having difficulty in transitions, reframe the behavior and ask, "What could the child be struggling with? How can I support them?"



ALSO, BOOK AN APPOINTMENT TO SPEAK WITH A RESOURCE LIBRARY STAFF TO DISCUSS WHAT VISUAL AND TRANSITION RESOURCES ARE AVAILABLE FOR BORROWING AND PURCHASING!

ADDITIONAL RESOURCES

[Birth2School Toolkit - Supporting Transitions](#)

[Preparing Children for Transitions](#)

[Reducing Challenging Behaviors during Transitions](#)



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